

# CLIENT PERSONAL HISTORY FORM

*Please complete both sides of this form and return it to the front desk.*

Client Name: _____	Date of Birth: _____
What do you prefer to be called? _____	Gender: _____
Phone #: _____	Emergency Contact Name: _____
	Emergency Contact Phone #: _____
Preferred Pharmacy (if applicable): _____	
<i>Please be specific, e.g. "Walgreens on York in Edina"</i>	

What is your reason for seeking services today? (examples: depressed, difficulty sleeping, anxious, fighting with spouse, grieving ,etc.)  
\_\_\_\_\_

Have you previously been treated for mental health issues?     No     Yes - therapy     Yes - psychiatry/medication

If yes, who did you see? (please complete a Release of Information form) \_\_\_\_\_

Do you currently have a mental health case manager?     No     Yes - please complete a Release of Information form

Who completed this form?     Self     Parent/Guardian     Case Worker     Other: \_\_\_\_\_



Current living situation:     Personal residence     Foster home     Group home     Shelter/homeless  
 Other: \_\_\_\_\_

Marital status:     Single     Married/Partnered     Separated     Divorced     Widowed

Employment status:     Employed full time     Employed part time     Unemployed (looking for work)  
 Retired     Disability/Applied for Disability     Not in the work force (full-time student, homemaker, etc.)

Are you a veteran?     Yes     No    If yes, currently **Active Duty**?     Yes     No

Education Level:     Less than High School     High School/GED     Vocational/Trade  
 Some College     College (Bachelors)     Masters or higher

Race & Ethnicity (check all that apply):     White     African American/Black     Asian     Hispanic/Latino  
 American Indian/Alaska Native     Native Hawaiian/Pacific Islander     Decline to Answer

Country of origin:     U.S.     Other \_\_\_\_\_

Primary language:     English     Other \_\_\_\_\_

How did you hear about ACP? (please choose one)     Family member     Friend     School     Employer     Insurance co.  
 Internet Search     Yellow Pages     County/Social Services     Probation Officer/Court     Primary care provider  
 Other medical facility/provider     Other mental health provider     Psychiatric hospital     Chem dependence facility

Referral name (and company/organization, if applicable): \_\_\_\_\_

Are there any **spiritual** considerations you would like your provider to be aware of?     No     Yes

Are there any **cultural** considerations you would like your provider to be aware of?     No     Yes

Are you currently or have you ever been involved in any **legal issues**?     No     Yes

Do you have any concerns about your **housing** or **financial** situation?     No     Yes

**Current Height:** \_\_\_\_\_ **Current Weight:** \_\_\_\_\_ **Date of Last Physical Exam (or mo/yr):** \_\_\_\_\_

Do you have any current or past **medical conditions**? Please check all that apply:

**General**

- Cancer
- Weight Changes
- Currently/Possibly Pregnant
- Currently Breastfeeding

**Cardiovascular**

- Coronary Artery Disease
- Heart Surgery
- Hypertension
- Abnormal Blood Pressure
- High Cholesterol
- Fainting Spells

**Respiratory**

- Emphysema
- Asthma
- Sleep Apnea

**Endocrine**

- Diabetes
- Thyroid Problems

**Musculoskeletal**

- Broken Bones
- Fibromyalgia
- Chronic Fatigue Syndrome
- Arthritis
- Rheumatic disease

**Genitourinary**

- Kidney/Bladder Problems
- Sexually Transmitted Disease
- HIV/AIDS/ARC
- Urinary Incontinence

**Blood/Lymph**

- Cirrhosis
- Anemia
- Hepatitis

**Skin**

- Acne
- Skin Disorders
- Tuberculosis

**Neurological**

- Stroke
- Head Injury
- Headaches
- Epilepsy / Seizures
- Memory Loss

**Gastrointestinal**

- Ulcers
- Abdominal Pain
- Nausea
- Diarrhea
- Constipation

**Allergies/Immune**

- Hay Fever
- Immunosuppressed

**Eyes/Ears**

- Visual Problems
- Hearing Impaired

**Previous hospitalizations (including psychiatric):** \_\_\_\_\_

**Previous surgeries:** \_\_\_\_\_

Are you **allergic** to any foods or medications?  No  Yes - please list:

Allergic to: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergic to: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergic to: \_\_\_\_\_ Reaction: \_\_\_\_\_

Are you currently taking any **prescription medications**?  No  Yes

If yes, please **attach a list** or list each medication **name** and **dosage** if known (*i.e. 20mg as needed or 5mg daily*):

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

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## AUTHORIZATION FOR RELEASE OF CONFIDENTIAL MENTAL HEALTH INFORMATION TO A PRIMARY CARE PHYSICIAN

\_\_\_\_\_  
Client Name (please print)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of Birth

THIS FORM WHEN COMPLETED AND SIGNED BY YOU, AUTHORIZES ACP TO RELEASE PROTECTED PERSONAL HEALTH INFORMATION TO YOUR PRIMARY CARE PHYSICIAN FOR CONTINUITY OF CARE PURPOSES.

\*Check one of the boxes listed below.

*I do not have a primary care physician.*

*I do not authorize ACP to contact my primary care physician.*

*I authorize ACP to exchange information with my primary care physician.*

PHYSICIAN NAME: \_\_\_\_\_

CLINIC NAME: \_\_\_\_\_

CLINIC ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

TELEPHONE: \_\_\_\_\_

FAX: \_\_\_\_\_

AT THE REQUEST OF THE INDIVIDUAL, THE FOLLOWING INFORMATION IS RELEASED:

Client Summary: This may include any of the following: Medication, Treatment Plan, Discharge Summary.

*I understand this information will be disclosed to the above person, organization, or agency from records whose confidentiality is protected by Federal Laws (42 CFR Part 2) and by Minnesota Statutes. I also understand that I may revoke this authorization at any time by giving written notice to the Associated Clinic of Psychology, except to the extent that action has already been taken in reliance upon it. Unless revoked earlier or otherwise indicated, this authorization will expire one year from the date of signing.*

*I understand that my clinician generally may not condition psychological/psychiatric services upon my signing an authorization unless the psychological/psychiatric services are provided to me for the purpose of creating health information for a third party. Furthermore, I understand that information used or disclosed pursuant to the authorization may be subject to disclosure by the recipient of your information and no longer protected by the HIPPA Privacy Rule.*

SIGNATURE OF CLIENT: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN (IF APPLICABLE): \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

IF PATIENT IS UNABLE TO SIGN, REASON: \_\_\_\_\_